

**Suggested Use:** Take 1 capsule after each meal, especially cooked meals or as directed by a health professional.

This product features betaine hydrochloride which assists the body's natural stomach acids in the digestion and absorption of nutrients, especially protein, vitamin B-12, calcium, iron and other minerals.\*\*

***Manufactured to avoid added artificial colors, flavors, preservatives.***

Tamper Seal: Use only if seal is intact. Consult your health care practitioner if you are pregnant/nursing, taking medications or have a medical condition, before taking this or any other product. Store in a cool, dry place.

**Keep out of reach of children.**

**\*\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Lot# 000000-SFP2177 R1.9

**skin fitness plus™**  
*...from health comes beauty*

# OPTIMIZED HCL

Betaine Hydrochloride  
Essential Digestive Support\*\*

**DIETARY SUPPLEMENT**  
**90 PLANT-SOURCE CAPSULES**

## **Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 90

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### **Amount Per Serving**

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Betaine Hydrochloride . . . . .	500 mg *
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\*Daily Value Not Established

Other Ingredients: Plant-Source Capsule (cellulose, water)

As we age, we typically produce less hydrochloric acid (HCL), which affects the amount of everything we can absorb, and can interfere with bone metabolism, imbalance intestinal flora, and health. Betaine Hydrochloride promotes absorption of nutrients.\*\*

**MANUFACTURED FOR JULIA T. HUNTER M.D. INC.**  
**LOS ANGELES, CA USA.**  
**WWW.JULIATHUNTERMD.COM**