



inquiries@juliathuntermd.com

Lysine – Please Print Out.

500 mg/pill-1 pill 3 times a week-Maintenance. If you even think you are getting a viral infection, cold, cold sore or genital outbreak then increase to 4 pills per day for 10 days. Organic lavender oil also helps irritated area.

Supports against the symptoms of viral, herpes, shingles outbreaks.