

skin fitness plus™
...from health comes beauty

L-Lysine

500 mg

Supports Healthy Connective Tissue

Supports Calcium Absorption

100 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

L-Lysine (from L-Lysine Hydrochloride) 500 mg*

*Daily Value not established.

Other ingredients: Cellulose, Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Our L-Lysine is a Pharmaceutical Grade essential amino acid.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1 Tablet 1 to 3 times daily, with or between meals.

L-Lysine is an essential amino acid, which means that it cannot be manufactured by the body and must be obtained through the diet or by supplementation. Lysine is necessary for the production of all protein in the body including hormones, enzymes, and antibodies, as well as cartilage and collagen, which is the structural protein forming all connective tissue such as skin, tendon, and bone. L-Lysine is also necessary for the production of antibodies. Research suggests that L-Lysine supplementation may help to support a healthy immune system as well as proper cardiovascular function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured in the US for: Julia T. Hunter, M.D.

Los Angeles, CA

www.juliathuntermd.com

310-247-8744



7 33739 40100 7