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Yeast Overgrowth

SIGNS, SYMPTOMS AND ASSOCIATIONS OF YEAST OVERGROWTH

(Circle any symptoms you have)

HISTORY:

- Have you taken tetracyclines or other antibiotics for acne for 1 month (or longer)?
- Have you at any time in your life taken broad-spectrum antibiotics or other antibacterial medication for respiratory, urinary or other infections for 2 months or longer, or in shorter courses 4 or more times in, a 1 year period?
- Have you taken a broad-spectrum antibiotic drug-even in a single dose?
- Have you, at any time in your life, been bothered by persistent prostatitis, vaginitis or other problems affecting your reproductive organs?
- Are you bothered by memory or concentration problems---do you sometimes feel spaced out?
- Do you feel "sick all over" yet, in spite of visits to many different physicians, the causes haven't been found?
- Have you been pregnant?
- Have you taken birth control pills?
- Have you taken steroids orally, by injection or inhalation?
- Does exposure to perfumes, insecticides, fabric shop odors and other chemicals provoke symptoms?
- Does tobacco smoke really bother you?
- Are your symptoms, worse on damp, muggy days or in moldy places?
- Have you had athlete's foot, ring worm, "jock itch" or other chronic fungus infections of the skin or nails?
- Do you crave sugar?
- Fatigue or lethargy
- Feeling of being "drained"
- Depression or manic depression
- Numbness, burning or tingling
- Muscle aches
- Muscle weakness or paralysis
- Pain and/or swelling in joints
- Headache

- Abdominal pain
- Constipation and/or swelling in joints
- Abdominal pain
- Constipation and/or diarrhea
- Bloating, belching or intestinal gas
- Troublesome vaginal burning, itching or discharge
- Prostatitis
- Impotence
- Loss of sexual desire or feeling
- Endometriosis or infertility

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- Cramps and/or other menstrual irregularities Premenstrual tension
- Attacks of anxiety or crying
- Cold hands or feet, low body temperature Hypothyroidism
- Shaking or irritable when hungry Cystitis or interstitial cystitis
- Drowsiness, including inappropriate drowsiness Irritability
- Incoordination
- Frequent mood swings
- Insomnia
- Dizziness/loss of balance
- Pressure above ears ... feeling of head swelling
- Sinus problems ... tenderness of cheekbones or forehead Tendency to bruise easily
- Eczema
- Itching eyes
- Psoriasis
- Chronic hives (urticaria) Indigestion or heartburn
- Sensitivity to milk, wheat, corn or other common foods Mucus in stools
- Rectal itching
- Dry mouth or throat
- Mouth rashes, including "white" tongue Bad breath
- Foot, hair or body odor not relieved by washing Nasal congestion or postnasal drip
- Nasal itching
- Sore throat
- Laryngitis, loss of voice
- Cough or recurrent bronchitis Pain or tightness in chest Wheezing or shortness of breath Urinary frequency or urgency Burning on urination
- Spots in front of eyes or erratic vision Burning or tearing eyes
- Recurrent infections or fluid in ears Ear pain or deafness