

What are major factors contributing to Internal Inflammation and Aging?

Toxins, Fillers and Synthetic Chemicals used in Skin Products, Peels, Dermatological Pharmaceuticals, Makeup, Foods, Packaging



Always check the label!

Toxic Ingredients Found in Most Skin Products:



- **Triethanolamine/Diethanolamine** - mimics estrogen in the body and binds to estrogen receptors. Men can get enlarged prostates, nipple and breast enlargement, erection problems. Women have weight struggles, increased risk of breast cancer, menstrual problems, PMS.
- **Sodium Lauryl/Laureth Sulfate and Sarcosinate** – a cell membrane irritant and destroys protein, therefore causes skin and collagen damage, aging. Contributes to hair loss - carcinogen.
- **Propylene Glycol** - petroleum derivative. Very inflammatory and irritating to skin and organs. Toxic.
- **PEGS** - carcinogenic, toxic, inflammatory and aging.
- **Parabens** – all cheap antimicrobials – toxic, inflammatory and aging.
- **Ureas** - release formaldehyde - toxic and inflammatory.
- **Acrylates, methylacrylate** - all forms are toxic, inflammatory.
- **Mineral Oil** - like Crisco for the pores - from petroleum - toxic, aging, inflammatory.
- **Triclosan (pesticide) and most alcohols and synthetic fragrances** - toxic, inflammatory, carcinogenic, and aging. Mimic hormones in men and women.
- **DMDM Hydantoin** - same as formaldehyde - carcinogenic and causes rashes.
- **Petrolatum - petroleum by-products-** irritating, aging, blocks pores.
- **Retinyl Palmitate** - inflammatory and increases cancer risk.
- **Oxybenzone** - disrupts hormone levels.
- **Ammonium Hydroxide, Alumina, Methylchlorisothiazolinone** - inflammatory, toxic load, environmental impact
- **Sodium bisulfites** -allergen, inflammatory, toxin-GI, CV, skin, respiratory

What's in the Skin Products and make-up you're using?

Metals found in Skin Products create systemic toxicities that can affect all internal organs:



Metals contained in Skin Products can cause skin local problems but also systemic effects after their absorption via the skin. This concentration of metals in different types of cosmetics and skin products are manufactured and sold worldwide. Their dermal penetration results in systemic toxicology:

- Antimony (Sb)
- Arsenic (As)
- Cadmium (Cd)
- Chromium (Cr)
- Cobalt (Co)
- Mercury (Hg)
- Nickel (Ni)
- Lead (Pb)

They are banned as intentional ingredients in skin product and cosmetics, and have draft limits as potential impurities and are known as toxic.*

* National Institute of Health PubMed. Regul Toxicol Pharmacol. 2014 Apr;68(3):447-67. doi: 10.1016/j.yrtph.2014.02.003. Epub 2014 Feb 12. Toxic metals contained in cosmetics: a status report.

Before you have that Peel...



Toxic Ingredients Found in most PEELS:

- **Glycolic Acid** - strong irritant, no receptor in the body, activates free radical cascade, immune response, dissolves protective epidermal barrier, corrosive, metabolized to oxalic acid, telangectasia, synthetic from Formaldehyde.
- **Hydroquinone** - banned in increasingly worldwide - a phenol, mutagen, immune weakening, metabolite nephro/liver toxin/clastogen issues, sun/pigment risks, no receptor in the body.
- **Trichloroacetic Acid** - unstable, classified as hazardous, poison control, strong inflammatory/irritant, destroys, coagulates all tissue and cells, corrosive, pigment/UV/volume sequelae, no receptor.
- **Salicylic Acid** - allergies, absorption/metabolic acidosis, drying.