

SKIN
therapy

maximal strength
Chirally Correct
by Julia T. Hunter M.D.™
show me...don't tell me skin care
juliathuntermd.com

skin fitness plus™
...from health comes beauty

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MAXIMAL STRENGTH

skin

PHYSIOLOGY

THE SCIENCE BEHIND HEALTHY SKIN

The body is a factory and a construction site that needs the correct raw materials and healthy workers and machinery to construct its products - health, beauty, well being and happiness. We want to help you understand the how to, why and what your organs need, want, should not have and attempt to be detoxified from, are lacking and can recognize, in the correct and pure forms and amounts. Supplement raw material sourcing and correct manufacture has to be closely monitored in today's world to be in the scientifically-correct chemical form, concentration, ratio- one ingredient to another, to be able to be absorbed and utilized positively by the body and not cause negative effects, be free of contaminants and that they are what they are said to be.

Research-based science, correct formulation of vitamins, minerals, antioxidants, synergistic internals, glandulars and detoxificants, combined with a healthy diet and exercise individualized for you, is imperative for the body to respond and produce health, beauty and bring happiness. We guide and help provide the scientifically correct, healthful balance in life - physically and psychologically, for helping to promote health, beauty, anti-aging, rejuvenation, restoration, prevention, turning back and slowing down the ticking of the biological clock.

Why Skin Fitness Plus Supplements & Remedies?

We prescribe bio-available supplements, individualized for your body's needs, as they are imperative factors in helping to prevent, support, optimize, synergize and restore all your body's organs, systems, brain function, and energy. As the body ages, it requires additional and specifically targeted supplementation for your needs and symptoms and to support all organs and cell production and in today's high stress, hard work and long hour environment. Replenishing, supporting and supplying the body with the correct vitamins, minerals, antioxidants, detoxificants, synergistic internals it requires, in bio-available formulas for maximum absorption, will help to reduce skin and body aging, hormone, brain function and energy depletion, and help decrease the risk of chronic disease and skin pathologies.

Despite our attempts at trying to eat healthfully and organically and avoid toxins, we simply cannot in today's toxic, stressful world and environments, get all the nutrients needed or acquire enough internal protection through the foods we eat. It is vital to add targeted, scientifically correct supplementation and antioxidants to maximize, complement and sustain our defenses, so our bodies, immune system, health - internal and external - are supported and defended at all times.



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Why Wholistic Dermatology...

The body must be looked at and addressed as a whole, inside and out, utilizing best tools for the jobs to optimize anti-aging, health, beauty and disease prevention. This is the state of the art, gold standard science behind optimal healthy skin and body!

Our mission is preventing disease - rather than just detecting and diagnosing it (after the fact), slowing down the aging process as much as scientifically possible - rather than just submitting to it and treating symptoms retrospectively, and addressing the whole body rather than just the organ that is producing current challenges...as these are the MOST effective solutions for maximizing optimal health care.

From HEALTH comes beauty and my side effect of creating beauty is health. The skin is the window of what is going on internally, therefore without health, in my medical experience, EVERYTHING you do to promote and preserve beauty and skin problem solutions works 30-50% at best with lessened longevity of results.

Our PROGRESSIVE METHODOLOGY provides a detailed roadmap so you can witness, step by step, THE MOST visible results of restoring and replenishing the body's resources to optimize health, happiness, well being and quality longevity.



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For more information
please visit
Skin Fitness Plus Supplements
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