Julia T. Hunter M.D. Wholistic Dermatology<sup>\*\*</sup> Treating the body as a whole

### Healthy, NON-toxic Pharmaceuticals and Bio-identical Hormones balance, protect and slow down the clock in men and women

**Healthy Pharmaceuticals -** To help maintain, protect, sustain, restore and rejuvenate the health and beauty of the skin, mind and every organ of the body, utilizing healthy pharmaceuticals when needed and indicated vs. those with added ingredients and chemical forms we want to avoid.

**Retin A** – more deeply and completely penetrates the dermal layers with minimal irritation to effectively reduce the signs of skin aging. Our formulation is NON-toxic.

#### **Bio-identical Hormones in safe "mimic nature" dosages:**

- THYROID pills and cream
- DHEA cream
- PROGESTERONE cream
- ESTRADIOL/ESTRIOL cream
- TESTOSTERONE (chrysin/DIM)

- PREGNENOLONE
- MELATONIN
- SERMORELIN/MEDITROPIN



### Glandular and Hormonal Structure





MAXIMAL STRENGTH

Skin PHYSIOLOGY

THE SCIENCE BEHIND HEALTHY SKIN

### Healthy Pharmaceuticals & Bio-identical Hormones



"Mimic nature" in safe, precise cream dosages



# Bio-identical Hormones balance, protect and slow down the clock in men and women

### How SAFE "mimic nature" bio-identical hormones perform:

**THYROID** is the master gland, which governs healthy and youthful functioning of every cell, organ and gland of your body. As much as scientifically possible, supporting brainpower, anti-aging, skin component production with the resultant - lifting, tightening and rejuvenation, helping create a robust immune system, helping to minimize disease risk and the degenerative effects of aging. It promotes energy, endurance and assists in weight challenges, normalizing thyroid function via bio-identical replacement when indicated is primary and KEY.

**DHEA** cream is an essential hormone that helps balance the other hormones and is important in combating the effects of stress, maintaining immune system functioning, burning of fat, production of protein and essential for building muscle. The level of DHEA in our bodies decreases as we age. By increasing our DHEA levels, it has been shown to improve one's sense of well being, reduce body fat, improve skin tightness and moisture, increase sex drive, improve immunity, enhance memory, increase bone density and help prevent disease. Too much in men increases estrogen, in women, facial hair.

# Bio-identical Hormones balance, protect and slow down the clock in men and women

### How SAFE "mimic nature" bio-identical hormones perform:

**PROGESTERONE** cream helps increase bone density, protects against osteoporosis, prostate, uterine and breast cancer, stabilizes mood and improves sleep. Too much can enlarge women's breasts and contributes to erection problems.

**ESTROGEN/ ESTRIOL** cream has been shown to protect women from cardiovascular disease, osteoporosis, Alzheimer's disease, vaginal atrophy, urinary incontinence and breast cancer, especially Estriol. It promotes skin elasticity and reduces symptoms of menopause—mood swings, hot flashes, depression, fatigue and brain fog. Too much in men enlarges the prostate and breasts, contributes to prostate cancer and erection problems.

**TESTOSTERONE** (chrysin/DIM) in men and women declines steadily with age. It is a necessary factor for muscle growth and fat loss, promotes cardiovascular and prostate health, fights osteoporosis, improves mood and sense of well-being and restores healthy libido and sexual performance. Too much causes irritability, aggression and men develop rosacea.

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How SAFE "mimic nature" bio-identical hormones perform:

**MELATONIN** is not just for sleep - it is the most anti-aging support for production and performance of other body hormones and documented in the reduction of cancer risk, especially breast cancer and recurrence.

**PREGNENOLONE** is the "mother" hormone that all estrogen, progesterone, testosterone are made from. It keeps your brain sharp, increases energy and aids in the reduction of the dosages of all hormones.

**SERMORELI N/ MEDI TROPI N** rejuvenates your anterior pituitary gland and increases your own natural production of growth hormone, testosterone and others. Its benefits include improvement of physical performance, endurance, appearance, sleep quality, collagen production, immune and brain function and reduces weight struggles.