

99 La Cienega Blvd. Suite 301
Beverly Hills, CA USA 90211
www.juliathuntermd.com



Phone: +1 310 247-8744
Fax: +1 310 247-0181
info@juliathuntermd.com

INSTRUCTIONS

1. Weigh all ingredients, label weigh boat, document and verify.
2. Place a clean mortar on top of the scale and zero out the scale.
3. In a clean mortar of known weight, dissolve active ingredient with glycerin liquid using a spatula. Add enough glycerin liquid to the active ingredient to form a smooth slurry not paste.
4. Using method of geometric dilution, gradually add the base cream into Step #3; triturate well to ensure uniform mixing with spatula or pestle.
5. QS to final weight with the base cream on scale to bring up to desired weight.
6. Mix well with spatula for small batches <1000gm. If >1000gm it is considered a big batch, use a mixer. Mill only if necessary.
7. Examine final product before packaging.

Testosterone and combination cream - Please note: more glycerin is needed for combination creams and testosterone powder; you must first form a smooth slurry not a paste.

DHEA - Do not mill.

Thyroid - Should add lavender to eliminate the smell of the Thyroid.

Nystatin - Tends to dry out very easily - you must add sufficient amount of glycerin liquid before incorporating the product into the base.

Equipment:

1. Mortar
2. Pestle (only if the powder needs to be crushed)
3. Spatula
4. Scale
5. Mixer (only if compounding big batches)
6. Mill (only if compounding big batches)

EQUIPMENT LIST WITH PHOTOS



BOWL SPATULAS



SCALE



HAND MIXER/CUSINART



WEIGHT BOAT



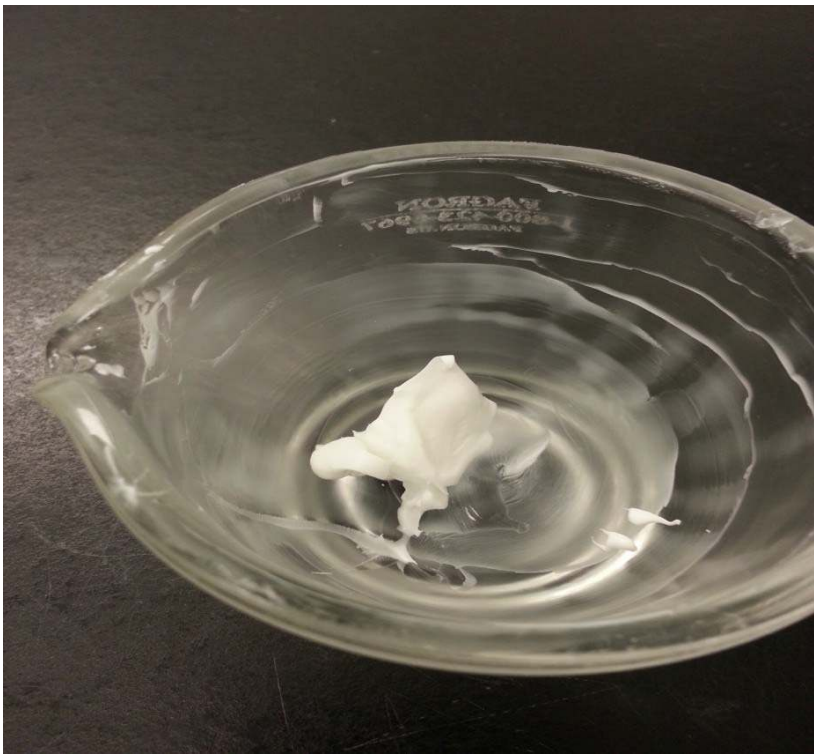
MORTAR



PESTLE



MILL



PASTE



SLURRY