Directions: Take one to two capsules twice daily at or between meals, or as directed by your healthcare practitioner.

Magnesium is the second most abundant mineral in the body. It is involved in over 200 enzymatic processes including the production of ATP for energy and optimal rhythmic function of the cardiac and vascular muscles. The malic acid component of Magnesium 125 complements magnesium in the relief of discomfort associated with muscle spasm and cramping. Magnesium supports healthy bone metabolism and glucose levels. Magnesium 125 is a proprietary blend of Albion's patented form of Magnesium Glycinate/Lysinate, a true chelated magnesium, and the innovative Di-Magnesium Malate. Albion® is the only company that has researched, developed and patented true magnesium chelates. The Albion® Gold Medallion displayed on this formula certifies Magnesium 125 meets the strict requirements for the highest quality in mineral absorption and utilization.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: Consult with your healthcare practitioner before use. Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place. Do not refrigerate.

DOES NOT CONTAIN: Wheat, gluten, corn protein, yeast, soy, animal or dairy products, artificial colors, sweeteners, or preservatives.

skin fitness plus

...from health comes beauty

Magnesium

Proprietary Blend of Patented Magnesium

Dietary Supplement Pharmaceutical Grade • Professional Use Only 120 Vegetable Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 120

Di-Magnesium Malate)

%Daily Value Amount Per Serving 31% Magnesium 125 ma (TRAACS® Magnesium Lysyl Glycinate Chelate,

Other Ingredients: HPMC (capsule), stearic acid, magnesium

Magnesium 125 Meets or Exceeds cGMP Quality Standards.



stearate, and silica.

TRAACS® and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.

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