

COSMETIC and MEDICAL  
Treatment Solutions for  
Every Skin Condition, Type,  
Color and Gender



SKIN THERAPY BY JULIA T. HUNTER M.D. SKIN PRODUCTS & PEELS

SKIN FITNESS PLUS SPECIALTY SUPPLEMENTS/REMEDIES

SKIN PHYSIOLOGY BIO-IDENTICAL HORMONES,

INGREDIENT OPTIMIZER BASE FOR HEALTHY PHARMACEUTICALS

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MAXIMAL  
PHYSICIAN-STRENGTH  
NON-TOXIC



SKIN PRODUCTS & PROFESSIONAL PEELS

SYNERGISTIC SPECIALTY SUPPLEMENTS

BIO-IDENTICAL HORMONES

INGREDIENT OPTIMIZER BASE FOR

HEALTHY PHARMACEUTICALS

## Non-toxic, Chirally-correct Skin Therapy

I have formulated these chirally correct, NON-toxic nor inflammatory, most intensely powerful ingredient skin products, to provide MAXIMAL strength therapy and MOST visible results scientifically possible, to help protect, prevent, correct and repair pathologies, restore and rejuvenate cosmetically ALL skin types, colors and conditions.

*Julia T. Hunter M.D.*

## Why Wholistic Dermatology...

Addressing ALL the pieces of the body's puzzle is the only way to correctly and BEST achieve anti-aging, health, beauty and prevention. The skin is the largest organ of the body's orchestra of organs and a window to what is going on inside the body. I address the skin from within with the best, organ protecting, detoxifying, restoring to the telomere level, supplementation formulas, bio-identical, mimic nature for males AND females cream

hormones in uniquely penetrating, therapeutic yet healthy, non-toxic proprietary skin cream, so the entire body is working harmoniously, least challenged and most youthfully, to BEST and most quickly achieve MAXIMAL visible and physical healthiest results and solutions for quality longevity. The body is a factory that needs correct raw materials for the cells to construct, sustain, protect, restore, and rebuild.

From HEALTH comes beauty AND my side effect of creating beauty is health. Without health, in my medical experience, EVERYTHING you do to promote and preserve beauty and skin problem solutions, works 30-50% at best with lessened longevity of results. Without slowing as much as scientifically possible, internal aging and the inevitable resulting diseases, cosmetic goals are challenging to attain. MY goal in medicine has always been to identify the causes of the problem and attempt to cure, as much as scientifically possible, rather than just treat symptoms in perpetuity, but the true goal is no symptoms to treat. The body must be addressed as a whole, inside and out, utilizing best tools for the jobs to slow down and turn back the clock, optimizing anti-aging, health, beauty, and disease prevention.

***The correct science behind healthy skin!***

**We choose our eco-correct, reliable, easy for use and travel, non-toxic containers because we believe in maximizing ingredients, not expensive packaging**

# State of the Science

## Non-toxic SKIN THERAPY SOLUTIONS



*show me...don't tell me skin care*

# How to Start and Advance Skin Therapy Products



*show me...don't tell me skin care*

## STEP ONE in your Daily Morning Skin Therapy.

ALL OUR PRODUCTS ARE SYNERGISTIC AND MOST CAN BE MIXED TOGETHER IN YOUR PALM AND APPLIED AT ONE TIME AFTER CLEANSING, to accelerate best visible results, repair, rejuvenate and restore.



Cleans pores deeply of impurities & makeup, **UNIQUELY** for ALL skin types & conditions



Pharmaceutical grade therapy for ALL skin conditions & maximal visible results



**MORNING & EVENING TREATMENT**  
INCOMPARABLE Emu moisturizing, rashes, wrinkles, pigment, stretch mark, scar therapy



**STEP ONE & STEP TWO MORNING USE**  
Maximal strength, multi-layered defense and repair environmental shield, and for broad spectrum SPF 30, all medical skin conditions therapy, for skin of EVERY color and type.



Unequaled strength hyaluronic & synergists for wrinkle, volumizing, toxin, irritation, hydration therapy

STEP ONE  
maximal  
strength  
scientifically  
correct  
non-toxic

Clean pores are ESSENTIAL for skin product penetration and skin health, respiration, detoxification, body temperature regulation.

Unprecedented formulation and ingredients - ideal cleansing, pore cleaning and clearing of pollution, dead skin cells, debris, oil, the day's sweat, accumulated dirt and makeup, cleansing and therapy at the same time. For ALL genders, ages, colors, skin types and conditions.

- Completely toxin-free, circulation stimulating, and antiseptic to deeply cleanse, sensitive, aged AND clogged acneic pores with state of the science Zeolite.
- Botanical extracts help preserve and restore the skin's essential acid mantle protection against infection, inflammation, pathology, and infuse nutritive, colloidal peptides, carbohydrates, phytosterols, flavonoids.
- Organic Shea oleic acid (*Butyrospermum Parkii*) restores natural oils without adding oil, helps protect against UV damage, and soothes irritation.

BALANCING  
&  
CLEANSING



## CLEANSER

**Instructions:** 1-2 pumps in palm. Apply thin film on face, neck, chest (entire body if desired). Use in the AM and/or PM. Add several drops of water to lather. Ideally leave on 1-5 minutes to deeply clean pores. Removes makeup. VERY sensitive skin, mix in 2-4 drops of EMU OIL in palm for 1 month.

**Ingredients:** Aqua, Sodium Laurylglucosides Hydroxypropylsulfonate, Sodium Methyl Cocoyl Taurate, Polyglyceryl-4 Caprate, Sodium Cocoyl Hydrolyzed Amaranth Protein, Nymphaea Coerulea Flower Extract, *Butyrospermum Parkii*\*, Zeolite, Gluconolactone, Sodium Benzoate, Sodium Decylglucosides Hydroxypropylsulfonate.  
\*Certified Organic.

*show me...don't tell me skin care*

SERUM was formulated to help provide THE most intensified therapy and visible results. MOST scientifically-correct formulation possible to:

- Support optimal skin health, repair, renewal, lifting, tightening and biosynthesis by supplying the most needed/missing building blocks possible to formulate.
- Pharmaceutical grade for maximal obtainable results, to help firm, lift, clarify, soothe, clear, protect, repair, prevent, correct, and anti-age.
- Maximally helps supply and support ATP production and the mitochondria – the power plant of every cell, collagen and all skin component production.
- Niacinamide, D-Gamma Tocopherol, L-Cysteine, L-Ergothioneine, L-Glutathione help prevent aging, skin pathology, abnormal pigment, irritation, rosacea, blemishes, problem skin.
- L-Carnosine to help deter glycation, a significant cause of aging. Adenine, L-Carnitine to support mitochondrial protection, youthful energy production, and function.

## SERUM

**Instructions:** 2-3 pumps for entire face, eyelids, neck, chest. AM and/or PM. Can mix in palm with all products except CLEANSER & PEEL. Can use on body.

**Ingredients:** Aqua, Hamamelis Virginiana Water, Glycerin, Alcohol Denat., Lycium Chinense Fruit Extract, Niacinamide, Tetrahexyldecyl Ascorbate, Ascorbyl Palmitate (L), Ergothioneine (L), Tocopherol (D-gamma), Carnitine (L), Carnosine (L), Cysteine (L), Glutathione (L), Lonicera Caprifolium Flower Extract, Adenine, Caprylic/Capric Triglyceride, Lonicera Japonica Flower Extract, Xanthan Gum, Polyglyceryl-4 Caprate.

STEP ONE  
maximal  
strength  
scientifically  
correct  
non-toxic

TRANSFORMING  
&  
RENEWING



*show me...don't tell me skin care*

**STEP ONE**  
maximal  
strength  
scientifically  
correct  
non-toxic

SOOTHING,  
REVITALIZING  
&  
REGENERATING

The Aborigines taught and my medical practice again confirms THIS Emu Oil's superlative chemistry. It is perceptibly best for moisturizing and ingredient penetration, skin soothing, calming and restoring. Combined with Neodermyl® its skin anti-wrinkle, rejuvenating, lifting, volumizing , tightening therapies, visible results are incomparable for:

- Dry, damaged by all assaults, entire body, face, eyelids, neck, lips.
- Fine and deep lines, anti-aging, renewing elasticity, bio-energizing, skin volumizing and firmness, prevention and reversal.
- Deep moisturizing, youthful regeneration, collagen, fibroblast, mitochondria revitalizing of entire body skin cells.
- Rosacea, eczema, psoriasis, rashes, soothing sensitive, irritated skin.
- Excellent to reduce pain, irritation, redness, blistering from shingles.
- Scar, stretch mark minimizing, burns and sunburn, cuts, abrasions.
- Decreases undesired brown pigment.

SKIN THERAPY Emu Oil is a unique, maximal Strength EMU and Cloudberry oil combination therapy, the ultimate vehicle, now combined with Neodermyl® - to deliver maximal, deepest penetration to the skin cell's mitochondria, the energy factory of every cell, for optimally re-energized cellular rejuvenation resulting in fast, visible improvement of skin density and volume, firmness and wrinkle depth in only 15 days and increasingly over time!

## EMU DERMYL

**Instructions:** SHAKE WELL (especially when cold). Use 1-5 drops or more, as needed and absorbed, for face, eyelids, neck and chest. Can mix with all Skin Therapy skin products except Peels and Exfoliants and mix with body lotion for optimizing visible results. Please note - often when the environment is cold you may need to hold container in hand for a few moments or run warm water over the bottom part of the bottle for more liquid flow.

**Ingredients:** Emu Oil\*, Rubus Chamaemorus Seed Oil\*, Glycerin\*, Methylglucoside Phosphate, Copper Lysinate/Prolinate, Lysolecithin, Sclerotium Gum, Xanthan Gum, Pullulan, Mixed Tocopherols, Lavandula Angustifolia Flower/Leaf/Stem Oil\*. \*Organic

*show me...don't tell me skin care*

WRINKLE FILLER is unequalled topical strength Hyaluronate Acid, which is found in injectable fillers. This is a stronger formulation of the previous HYDRATION.

The production of L-sodium hyaluronate in the skin and entire body diminishes with age, hormones and lessened health, resulting in thinning, wrinkled, deflated, more degenerated skin. Replenish this imperative ingredient to help keep the skin youthfully plumped/volumized, hydrated, and healthy and to decrease the appearance of lines and aging.

- L-Hyaluronate holds up to 1000 times its weight in water, significantly more than even collagen for restoring youthful skin volume, suppleness and moisture, minimizing age-related wrinkling, lines and crinkling, preventing evaporative loss and with NO OIL, so excellent as well for oily, blemished skin and as aftershave.
- Fortified with Phytic Acid antioxidants for layered therapy to help decrease skin aging, abnormal pigment, irritation and redness.
- Organic Aloe and botanical extracts help to soothe, calm and support immune function, toxin removal and nutrient distribution. This makes it superlative after laser treatments, any skin irritations, rashes, and to help relieve symptoms of rosacea.

## WRINKLE FILLER

**Instructions:** A tip of fingertip size amount is enough for the face, eyelids, neck and chest. (Add in 2 drops of water for more spread volume). Can mix with all products except CLEANSER & PEEL. Use on every part of the body.

**Ingredients:** Aqua, Glycerin\*, Sodium Hyaluronate (L), Aloe Barbadensis Leaf Juice Powder\*, Hamamelis Virginiana Water, Phytic Acid, Citric Acid, Lonicera Caprifolium Flower Extract, Xanthan Gum, Lonicera Japonica Flower Extract, Alcohol Denat., Potassium Sorbate, Sodium Hydroxide. \*Organic



*show me...don't tell me skin care*

**STEP ONE**  
maximal  
repair  
scientifically  
correct  
non-toxic

REPLENISHING  
&  
PLUMPING



# How to Start and Advance Skin Therapy Products



## **STEP ONE** in your Daily **Evening Skin Therapy.**

ALL OUR PRODUCTS ARE SYNERGISTIC AND MOST CAN BE MIXED TOGETHER IN YOUR PALM AND APPLIED AT ONE TIME AFTER CLEANSING, to accelerate best visible results, repair, rejuvenate and restore.



MAXIMAL amounts of the array of raw materials that your skin & stem cells require during sleep, when it best builds and repairs



CORRECTING, CLARIFYING, ANTI-AGING, EXFOLIATING MASK  
Blemish, Wrinkle, Rosacea, Pigmentation, Pore & Skin Conditions  
Repair & Control



**MORNING & EVENING TREATMENT**  
Incomparable Emu moisturizing, rashes, wrinkles, pigment, stretch mark, scar therapy

*show me...don't tell me skin care*

STEP ONE  
maximal  
strength  
scientifically  
correct  
non-toxic

NIGHT REGENERATION is truly now THE state of the science, ULTIMATE epi and dermal rejuvenating, as therapeutic, as possible to formulate - especially synergistically combined with the other products - in restoration and prevention! Helps provide maximal amounts of the gamut of raw materials that your skin, **stem cells** and immune system require during sleep, when they best build and repair most energetically and youthfully, restore, optimize the appearance, treat the conditions, problems of ALL skin types, including blemishes and oily skin.

- Essential, most potent ingredients to help restructure, restore skin barrier liquid crystal youthful emollience.
- Synergistic, powerful ingredients, correct tocotrienols, carotenoids result in quickly visible clarity, revitalize, prevention, visibly increase moisture, oxygen content and respiration.
- The highest correct ratio of ingredients to stimulate collagen, help restore, repair oily, irritated, AND dry mature skin.
- Potent antioxidants for firming, anti-aging/wrinkling, clearing, to help neutralize free radicals, protect mitochondria.
- Buddleja natural plant **stem cells** help provide broad spectrum protection from photodamage, oxidative stress, irritation. SUPERLATIVE for blemishes, bacteria and sebum overproduction, seborrhea, fungistatic to protect and repair, and moisturizes without oil, cell nutritive.

FORTIFYING  
&  
NOURISHING

## CORRECTING, CLARIFYING, ANTI-AGING, EXFOLIATING MASK

BLEMISH, WRINKLE, ROSACEA, PIGMENTATION, PORE &  
SKIN CONDITIONS REPAIR & CONTROL

EXFOLIATING REPAIR MASK provides the most CORRECT, non-inflammatory, necessary and physician strength to help clear:

- Blemishes, blackheads, comedones, pustules, inflammation
- Reduce discoloration and pigmentation
- Repair/improve fine lines, wrinkles, skin dullness, scarring, redness
- Enlarged Pores, laxity, hypersensitivity, rosacea, melasma
- Ideal for all skin types and every skin of color

These intensified ingredients have the density to help speed symptom resolution and infuse the potent array of physiological skin factors, help assure, along with the other synergistic SKIN THERAPY products and recommended supplement therapies - best prevention, anti-aging, rejuvenation, repairing, correcting and restoration of healthy, youthful functioning and appearing skin of the entire body.

STEP ONE  
maximal  
strength  
scientifically  
correct  
non-toxic

CORRECTING  
CLARIFYING  
ANTI-AGING

# NIGHT REGENERATION



**Instructions:** PM only after cleansing, a thin film over face, eyes, neck, chest, hands and arms. After one minute can place NIGHT REGENERATION OVER PEEL. May mix with all products except CLEANSER & PEEL. Use nightly. Can use on entire body. Place Retin A, non-toxic cream bio-identical hormones OVER evening products.

**Ingredients:** Aqua, Caprylic/Capric Triglyceride, Squalane, Glycerin, Perfluorodecalin, Cetearyl Oliviate, Sorbitan Oliviate, Simmondsia

Chinensis Seed Oil, Gluconolactone, Buddleja Davidii Meristem Cell Culture, Leontopodium Alpinum Callus Culture Extract, Tocopherol (D-alpha), Ergothioneine (L), Sodium Hyaluronate (L), Tocopheryl Acetate (D-alpha), Tocotrienols, Elaeis Guineensis Oil, Caprylyl Glycol, Retinol, Trisodium Ethylenediamine Disuccinate, Glutathione (L), Cyclodextrin, Xanthan Gum, Alcohol Denat., Potassium Sorbate, Sodium Benzoate, Phenethyl Alcohol, Sodium Hydroxide.

show me...don't tell me skin care

# EXFOLIATING REPAIR



**Instructions:** All skin types - Apply a thin film to just cleaned skin, while still warm/wet on entire face, neck and chest for exfoliation/improvement. Massage lightly for 1-2 minutes, let dry, leave on for 10-30 minutes. Remove with lukewarm water. Place usual products regimen OVER. NO PEEL for 2 days. Normal, dry/mature skin - once every 1-2 weeks if no irritation. Oily, thick or acneic skin - begin once a week for one week - if no irritation, increase to 2-4 times a week. If irritation, then decrease usage, place SERUM and/or EMU oil to soothe and do NOT use VITAMIN C PLUS, PEEL, VITAMIN A PLUS, Retin A for 3 days.

**Ingredients:** Daucus Carota Sativa Root, Citrus Aurantium Dulcis Fruit, Glycerin, Lactic Acid (L), Beta-Carotene (D), Hippophae Rhamnoides Oil, Solanum Lycopersicum Fruit, Daucus Carota Sativa Seed Oil, Gluconic Acid (D), Cananga Odorata Flower Oil, Lavandula Angustifolia Oil, Citrus, Aurantium Dulcis Peel Oil, Cyamopsis Tetragonoloba Gum, Xanthan Gum, Sodium Benzoate, Benzyl Alcohol, Alcohol Denat., Gluconolactone.

\*Certified Organic. pH 2.78.

Note sunburn warning on product label.

show me...don't tell me skin care

## REPAIRING, RESTORING, SHIELDING ENVIRONMENTAL CONDITIONS

MORE than just sun protection, this intensified product provides MAXIMAL strength therapy for skin health and protection to help prevent and protect against visible signs of aging, restore, moisturize and repair from environmental factors and damage for ALL skin types, genders and conditions.

### WHY Calm and Repair MUST BE USED DAILY:

- Therapeutic formula for calming irritation and redefining skin clarity - contains no titanium or harmful chemicals.
- Restoring moisture and shielding from further damage helping to repair cellular and extracellular damage down to the skin cell level.
- Complete protection that includes SPF 30 Broad Spectrum defense. Contains Zinc Oxide for UVA/B/IR protection and repair.
- It UNIQUELY does not turn darkly pigmented skin gray, nor greasy.
- Can mix with Wrinkle Filler or Emu Oil for additional moisturizing benefits.
- Helps repair free radical, mitochondrial damage from UV, stress, foods, toxins, infective agents, aging, falling hormone Levels, blemishes.
- Multi-layered defense and repair system for EVERY skin type.

STEP ONE  
& TWO  
maximal  
strength  
scientifically  
correct

RESTORATION  
FOR SKIN  
DISTRESS  
SPF 30

PROTECTING  
& DEFENDING

## CALM and REPAIR

**Instructions:** Apply to skin daily over AM products and before makeup for ultimate environmental protection. Can mix with Wrinkle Filler or Emu Oil. For best environment/UV protection, reapply every 2 hours, and can be used as a water resistant sunscreen if swimming or sweating. Sun increases skin cancer risk, skin aging. To help decrease risks and symptoms use this broad spectrum SPF 30, wear sun protective clothing/ sunglasses.

**Active Ingredient:** Zinc Oxide 13.5% **Ingredients:** Aqua, Caprylic/Capric Triglyceride, Candelilla/Jojoba/Rice Bran Polyglyceryl-3 Esters, Glycerin, Isodecyl Neopentanoate, Ethyl Macadamiate, Aleurites Moluccana Seed Oil, Hydroxypropyl Starch Phosphate, Glyceryl Stearate, Hamamelis Virginiana Water, Ergothioneine (L), Hordeum Distichon, Porphyra Umbilicalis Extract, Santalum Album Extract, Phellodendron Amurense Bark Extract, Glyceryl Isostearate, Sodium Stearoyl Lactylate, Polyglyceryl-10 Pentastearate, Polyhydroxystearic Acid, (D-alpha) Tocopheryl Acetate, (D-alpha) Tocopherol, Lecithin, Malic Acid (L), Lonicera Caprifolium Flower Extract, Lonicera Japonica Flower Extract, Potassium Cetyl Phosphate, Hydrogenated Palm Glycerides, Alcohol, Cetearyl Alcohol, Behenyl Alcohol, Hydroxypropyl Methylcellulose, Sodium Lactate, Phytic Acid, Citric Acid, Sodium Hydroxide.

*show me...don't tell me skin care*

## STEP TWO MORNING & EVENING THERAPY

Maximal Physician-Strength  
Therapeutic  
Restoration & Rejuvenation

*show me...don't tell me skin care*





# How to Start and Advance Skin Therapy Products



## STEP TWO MORNING TREATMENT

*show me...don't tell me skin care*

**STEP TWO** - After 1-2 weeks these products are integrated into your Daily **Morning Skin Therapy**.

ALL OUR PRODUCTS ARE SYNERGISTIC AND MOST CAN BE MIXED TOGETHER IN YOUR PALM AND APPLIED AT ONE TIME AFTER CLEANSING, to accelerate best visible results, repair, rejuvenate and restore.



MAXIMAL, Physician-strength anti-oxidants for collagen, skin cell renewal, minimizing blemishes, rosacea, lines, pigment, aging



Unprecedented results, State of the Science ingredients, energizing, synergizing, accelerating youthful cell stimulation, telomere, DNA, mitochondria revitalization



**STEP ONE & STEP TWO MORNING USE**  
Maximal strength, multi-layered defense and repair environmental shield, and for broad spectrum SPF 30, all medical skin conditions therapy, for skin of EVERY color and type.

STEP TWO  
maximal  
strength  
scientifically  
correct  
non-toxic

VITAMIN C PLUS is in powdered form - ESSENTIAL to provide MAXIMAL potency for maximal therapy:

- Collagen stimulation, skin cell and component renewal (youthful tightening, lifting, volumizing, clarity).
- Decrease appearance of: brown pigment, pore size, symptoms of rosacea, sensitive and red skin, blemishes and their scarring, undesired veins and growths, ingrown beard hair, abnormal skin cell exfoliation.
- Chiral 95% L-ascorbic acid with strengthening synergistic vitamins C, E, B, A, amino acids, minerals and omegas to help quickly and maximally relieve symptoms of inflammation and generate maximal healthy cell renewal production.
- Most maximal anti-oxidant formulation, chirally-correct power, fortified with L-Glutathione (the master anti-oxidant) to help defend, protect, promote health, reverse appearance of aging, degeneration and risk of disease.

PROTECTING  
&  
RESTORING

## VITAMIN C PLUS



**Instructions:** Mix top of fingertip-size amount in palm with 2 drops of water, SERUM, CELL OPTIMIZER, WRINKLE FILLER, and/or EMU OIL in AM. SUN PROTECTION AND REPAIR placed OVER. Use once per day, twice a day if needed for skin conditions, on face, neck, eyelids, chest, body. Can mix in PM with PEEL, NIGHT REGENERATION, VITAMIN A PLUS, EMU OIL or WRINKLE FILLER, CELL OPTIMIZER if used in PM.

**Ingredients:** Ascorbic Acid (L), Euterpe Oleracea Fruit Extract, Myrciaria Dubia Fruit Extract, Citrus Aurantium Dulcis Fruit Powder, Magnesium Ascorbyl Phosphate, Glutathione (L).

*show me...don't tell me skin care*

**Clinically proven, state of TODAY'S Gold Standard skin science,** ultimate quality, quantity, and formulation of cutting edge ingredients, providing maximal, UNPRECEDENTED *show me... don't tell me* visible results.

Optimizes quickly and very visibly the synergistic, essential ingredients in each of the other Skin Therapy products with no redundancy.

- Lifting/tightening, volumizing, wrinkle/line minimizing collagen synthesis and elasticity restoration.
- Skin microcirculation repair, energizers, rejuvenators, DNA, mitochondria health, revitalization in every skin type and age. for youthful skin color and health.
- Previously unavailable skin stem cell, telomeres, fibroblasts, cell to cell communication, DNA/mitochondria cyto stimulation and preservation. Skin cell immune defense and balancing.
- Clarity/luminosity, surface beauty, deeply soothing, moisturizing, repairing even the most irritated skin.
- Scar/stretch mark, enlarged pore repair.
- Infrared, UV, inflammation protecting.
- Brown pigment/spot, skin cell damage thwarting and reducing.

STEP TWO  
ULTIMATE  
strength  
scientifically  
correct  
non-toxic

SKIN CELL  
OPTIMIZED  
FUNCTION

## CELL OPTIMIZER

**Instructions:** A small fingertip size amount daily AM or twice daily for entire face, neck, chest, hands, body skin. AM/PM - mix in palm with all products except CLEANSER & PEEL.

**Ingredients:** Aqua, Glycerin, Caprylic/Capric Triglyceride, Glycerol Stearate, Cetyl Alcohol, Coco-Caprylate/Caprates, Cetearyl Alcohol, Cetearyl Glucoside, Rubus Chamaemorus Seed Oil, Methylsilanol Hydroxyproline Aspartate, 3-O-Ethyl Ascorbic Acid, Dimethyl Isosorbide, Polysorbate 60, Ergothioneine (L), Physalis Angulata Extract, Sigesbeckia Orientalis Extract, Rhabdosia Rubescens Extract, Glutathione (L), Pentapeptide-18, Palmitoyl Tripeptide-38, Acetyl Hexapeptide-8, Crocus Chrysanthus Bulb Extract, Sodium Polystyrene Sulfonate, Sorghum Bicolor Stalk Juice, Dimethicone, Gluconolactone, Acacia Senegal Gum, Hydroxypropyl Cyclodextrin, Teprenone, Cetyl Palmitate, Sclerotium Gum, Sorbitan Palmitate, Sorbitan Oleate, Phytic Acid, Xanthan Gum, Sodium Benzoate, Alcohol Denat., Butylene Glycol, Phenoxyethanol, Sodium Hydroxide, Potassium Sorbate



*show me...don't tell me skin care*

# How to Start and Advance Skin Therapy Products



**STEP TWO** - After 1-2 weeks these products are integrated into your Daily **Evening Skin Therapy**.

ALL OUR PRODUCTS ARE SYNERGISTIC AND MOST CAN BE MIXED TOGETHER IN YOUR PALM AND APPLIED AT ONE TIME AFTER CLEANSING, to accelerate best visible results, repair, rejuvenate and restore.



INCOMPARABLE Vitamin A formulation, maximal strength, pharmaceutical Retinoic results non-toxically, with synergist ingredients, in superior delivery system, for better, deeper penetration results



CORRECT, non-inflammatory, Physician-strength home peel therapy for blemishes, scarring, wrinkles, lines, pigment, growths, turning back & slowing down the clock increasingly

*show me...don't tell me skin care*

## STEP TWO

maximal  
strength  
scientifically  
correct  
non-toxic

PERFECTING  
&  
CLEARING

State-of-the Science MAXIMALLY OPTIMIZING,  
PHYSICIAN-strength RESULTS

MULTI-action Vitamin A encapsulated, STABILIZED formulation competes with highest strength pharmaceutical Retinoic results, yet NON-TOXICALLY AND UNIQUELY layering PHYSICIAN-strength synergistic ingredients creating the MOST potent therapy WITHOUT a prescription.

- Provides optimal, visible results - lifting, tightening, youthfully volumizing, anti-aging via personifying production of collagen, elastin, fibroblasts and deep dermis components.
- Niacinamide topically helps increase collagen and cell component production, relieve itching, irritation, oiliness, appearance of blemishes, eczema, psoriasis, seborrhea, abnormal pigmentation, helps prevent the risk of skin cancers.
- L-Glutathione - MASTER crucial, antioxidant.
- Indian Ginseng helps decrease skin irritation, collagenases, maintain skin elasticity and proteins, superlative anti-oxidant.
- Myrtle extract - a cell regenerator to support increased tissue longevity, help reduce and combat first signs of aging.

## VITAMIN A PLUS

**Instructions:** Use ONLY in evening after cleansing, 2-3 squirts are enough for thin layer needed on face, neck, chest. If using PEEL, wait 1 minute AFTER then apply. Can use on entire body, and use under Retin A. May mix in PM with all products except CLEANSER & PEEL. Start by using VITAMIN A PLUS every 3rd night for 2-3 weeks, then every other night for 2-3 weeks, then every night.

**Ingredients:** Aqua, Hamamelis Virginiana Water, Glycerin, Niacinamide, Alcohol Denat., Cyclodextrin, Retinal, Retinol, Myrtus Communis Extract, Withania Somnifera Root Extract, Glutathione (L), Pentylene Glycol, Xanthan Gum, Gluconolactone, Sodium Benzoate, Lonicera Caprifolium Flower Extract, Lonicera Japonica Flower Extract, Potassium Sorbate

*Note sun sensitivity warning on product label. Do not use if pregnant, nursing.*

*show me...don't tell me skin care*

Scientifically CORRECT exfoliation results in tighter, luminous skin with less wrinkles, cellulite, lines; clock slowing and reversing. Physician-strength blemish, scarring, pore, pigment, growth, clearing and volumizing, clarity, elasticity optimizing.

- No downtime alternative to ablative, fractionated, pixilated lasers, all other chemical peels. It helps prevent the formation of and address blemishes, blackheads, whiteheads, undesired pigment and growths.
- Scientifically correct, exfoliating, synergistic L-Lactic, Mandelic, Malic acids with Pumpkin Ferment help suppress, brighten and even pigmentation, blemishes, scarring, wrinkles, risk of abnormal growths, restorative and rejuvenating.
- Niacinamide, Phytic Acid, D-Beta Carotene, antioxidants, polyphenol rich fruit extracts to help maximally treat, repair, correct, anti-age.
- Anti-glycating, free radical quenching, super antioxidant Carnosine to help prevent loss of and REPAIR elasticity, wrinkling.

## PEEL

**Instructions:** Apply in EVENING only, first product after washing. One dropperful in your palm. May ONLY mix with VITAMIN C PLUS. Apply thin layer to entire face, neck, chest, once a week for 2-3 weeks. If no irritation, increase every 2-3 weeks to twice a week, every other night, then nightly. Another 2-3 weeks, if no irritation, may apply 2 layers per night. Wait one minute after applying, then can apply evening products OVER, including Retin A, bio-identical hormones. Use on body brown spots, stretch marks, scars, growths, nightly if no irritation, or increase as above.

**Ingredients:** Aqua, Hamamelis Virginiana Water, Lactic Acid (L), Alcohol Denat., Niacinamide, Lactobacillus/Pumpkin Ferment Extract, Caprylic/Capric Triglyceride, Retinol, Carnosine (L), Aminoguanidine HCL, Garcinia Mangostana Fruit Extract, Psidium Guajava Fruit Extract, Vaccinium Angustifolium Fruit Extract, Centella Asiatica Extract, Vaccinium Myrtillus Fruit Extract, Euterpe Oleracea Fruit Extract, Myrciaria Dubia Fruit Extract, Tartaric Acid (L), Mandelic Acid (L), Malic Acid (L), Beta-Carotene (D), Phenylethyl Resorcinol, Cyclodextrin, Glycerin, Benzyl Alcohol, Phenoxyethanol, Phytic Acid.

*Note sunburn on product label.*

*show me...don't tell me skin care*

## STEP TWO

maximal  
strength  
scientifically  
correct  
non-toxic

CORRECTING  
&  
EXFOLIATING



# How to Start and Advance Skin Therapy Products



*show me...don't tell me skin care*

## THIS 3-STEP PHYSICIAN-STRENGTH PROFESSIONAL PEELS PROCESS

is the **Gold Standard State of the Science** and renders most technologies and other peels obsolete.

Providing maximal penetration to most visibly and expeditiously help restore the skin and its stem cells to the best possible youthful, healthy functioning and appearance.

These Physician-strength peels are the NON-TOXIC therapeutic tools you need to **ACHIEVE** and **MAINTAIN** your **ENTIRE BODY'S** **OPTIMAL SKIN HEALTH** and **BEAUTY GOALS**.



**STEP 1  
REPAIRING EXFOLIANT  
THERAPY**



**STEP 2  
RETINOL RESTORATION  
THERAPY**



**STEP 3  
PERFECTING PEEL  
THERAPY**

**CONSULT AND SCHEDULE A  
SKIN THERAPY PROFESSIONAL PEEL WITH  
YOUR SKIN CARE PROFESSIONAL**



maximal  
strength  
scientifically  
correct  
non-toxic

PROFESSIONAL  
USE ONLY

**STEP 1 - REPAIRING EXFOLIANT** provides the MOST CORRECT, non-inflammatory, necessary and therapeutic strength, for blemishes, fine lines, wrinkles, enlarged pores, laxity, hypersensitivity, symptoms of rosacea, clarity. It helps more easily and effectively treat during facials - blemishes, blackheads, comedones, pustules, reduce discoloration, redness, scarring, pigmentation, while instilling the maximally needed gamut of nutrient and antioxidant restoration and protection for optimal skin repair.

These intensified ingredients have the density to help speed symptom resolution and infuse deeply, the potent array of physiologically necessary skin factors to support superlative skin prevention, anti-aging, rejuvenation, correction and restoration of healthy, youthful functioning and entire body skin appearance, including stretch marks.

- Pumpkin powder, L-Lactic, high value and concentration vitamin A precursors, rich anthocyanins, antioxidants, tomato fruit lipids, carotenoids and lycopene to synergistically help dissolve pustules, open or closed comedones, exfoliate pigmentation, stimulate, correct and rejuvenate.
- Seabuckthorn for high content Omegas, tocopherols, phytosterols for optimal regeneration, necessary and missing skin cell nutrition.

**STEP 2 - RETINOL RESTORATION** is the break new ground vs. ALL others, maximal physician-strength skin peel, MAXIMAL visible results scientifically possible, yet healthy, non-toxic, non-inflammatory Vitamin A and synergists formulation. RETINOL RESTORATION is formulated for physician-strength physiological reparation, restoration, rejuvenation and prevention as uniquely stabilized thus strongest potency ingredients PENETRATE DEEPLY into the skin for rarely attained, scalable results.

**REQUIRES SKIN PREPPING WITH SKIN THERAPY PRODUCTS.**

SUPERLATIVE to treat stretch marks, blemishes, scarring, melasma, pigment, growths, anti-aging, optimizing quickly, visibly, skin health and youthful beauty. Physician-strength and results, retinoid, STATE OF THE SCIENCE peel. Use for skin of the entire body.

- Non-toxic, anti-aging, visibly skin volumizing, lifting, tightening, remarkably clarifying, helping reduce appearance of blemishes, scars, pigment, stretch marks, melasma, preventing, protecting, helping restore, repair youthful function and melanocyte health.
- Contains 2 stabilized, proprietary forms of Vitamin A that are uniquely state of the science, fortified by maximally intense, active, synergistic, repairing, results enhancing, chemically correct botanicals and anti-oxidants. They help provide the OPTIMAL CELLULAR REGROWTH results possible from formulating science.

maximal  
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## REPAIRING **STEP 1** EXFOLIANT



Ideal for **ALL SKIN TYPES and COLORS.**

**NO DOWNTIME, immediate visible results, superlative, fast tool for best facial results.**

**Ingredients:** Daucus Carota Sativa Root, Citrus Aurantium Dulcis Fruit, Aqua, Glycerin, Lactic Acid (L), Beta-Carotene (D), Hippophae Rhamnoides Oil, Solanum Lycopersicum Fruit Lipids, Cucurbita Pepo Powder, Daucus Carota Sativa Seed Oil, Gluconic Acid (D), Cananga Odorata Flower Oil, Lavandula Angustifolia Oil, Citrus Aurantium Dulcis Peel Oil, Cyamopsis Tetragonoloba Gum, Xanthan Gum, Sodium Benzoate, Benzyl Alcohol, Alcohol Denat., Gluconolactone. \*Certified Organic. pH 2.78

*show me...don't tell me skin care*

## RETINOL **STEP 2** RESTORATION



Ideal for **ALL SKIN TYPES, COLORS, and the ENTIRE BODY.**

**MUCH MORE SYMPTOM RESOLUTION THAN MOST LASERS or chemical peels, with their multiple toxicities, volume and melanocyte loss side effects.**

**Ingredients:** Aqua Retinyl Acetate, Glycerin\*, Alcohol Denat., Caprylic/Capric Triglyceride, Retinol, Lactobacillus/Pumpkin Ferment Extract, Polysorbate 20, Stearic Acid, Cetyl Alcohol, Passiflora Incarnata Flower Extract, Elaeis Guineensis Oil, Lonicera Caprifolium Flower Extract, Lonicera Japonica Flower Extract, Tocotrienols, Tocopherol (D-alpha), Carnosine (L), Glutathione (L), Glyceryl Stearate, Squalane, Asiaticoside, Phytic Acid, Xanthan Gum, Alcohol, Titanium Dioxide, Potassium Sorbate. \*NOP Certified Organic.

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**STEP 3 PERFECTING PEEL** - Maximal Physician-strength results, STATE OF THE SCIENCE, extraordinarily unique, healthy, non-inflammatory acid peel, providing superlative deep exfoliation, while youthfully volumizing the skin, UNPRECEDENTED for an acid or laser peel. It helps guard against free radical damage, helping to actively, quickly visibly repair and promote restoration, rather than thinning skin as do other acid peels, providing UNIQUE melasma, pigment, scarring, aging, clarity, growths, damage, blemish therapy.

**REQUIRES SKIN PREPPING WITH SKIN THERAPY PRODUCTS.**

- L-Lactic, L-Mandelic, L-Malic acids combination provide maximal, correct and optimal skin science, symptom resolving, anti-aging, restoration, rejuvenation, safety yet deep exfoliation/skin remodeling and scalable.
- L-Carnosine, Tocotrienols and D-alpha Tocopherol, potent synergistic antioxidants, collagen and elastin rejuvenants, to help guard, protect and support against inflammation and aging symptoms.
- Safe, healthy, scientifically, physiologically correct, best achievable results, unprecedented vs. other acid and laser peels. LAYER ONTO STEP 2 for unique in the marketplace peel results for skin of the entire body.

# SKIN PHYSIOLOGY

Safe, Non-toxic,  
**Bio-identical Hormone Therapy,**  
Uniquely Bio-active  
**Ingredient Optimizing Base Cream**  
and  
**Healthy Pharmaceuticals**

## PERFECTING <sup>STEP</sup> 3 PEEL



**IDEAL FOR ALL SKIN TYPES, COLORS and the ENTIRE BODY**

**UNPRECEDENTED VISIBLE RESULTS**

**STEP 3 ALONG WITH STEPS 1 AND 2 ARE THE PHYSICIAN-STRENGTH, GOLD STANDARD, STATE OF THE SCIENCE ARMAMENTARIUM OF PEELS**

**Ingredients:** Lactic Acid (L), Hamamelis Virginiana Water, Mandelic Acid (L) Malic Acid (L), Aqua, Alcohol Denat., Glycerin\*, Passiflora Incarnata Flower Extract, Elaeis Guineensis Oil, Lonicera Caprifolium Flower Extract, Lonicera Japonica Flower Extract, Caprylic/Capric Triglyceride, Glyceryl Stearate, Squalane, Asiaticoside, Carnosine (L), Tocotrienols, Tocopherol (D-alpha), Phytic Acid, Stearic Acid, Potassium Sorbate, Titanium Dioxide, Xanthan Gum, Cetyl Alcohol. \*NOP Certified Organic.

*show me...don't tell me skin care*

*THE SCIENCE BEHIND HEALTHY SKIN*

LOW DOSE  
NON-  
Prescriptive  
Bio-Identical,  
NON-toxic,  
Gluten-free  
Cream

I believe everyone should have access to these UNIQUE, healthy, superior alternatives to those on the market today, which often contain/require addition of chemicals that are MEDICALLY best avoided, proven to be harmful, poorly absorb the active ingredient, decreasingly absorb over time, thwarting therapy, or non-compliance due to undesirable smell, residual or greasy feel on the skin.

**ESTRIOL** helps to protect women from the risk of cardiovascular disease, breast cancer, osteoporosis, Alzheimer's disease, urinary incontinence and vaginal atrophy/dryness. It energetically helps promote skin elasticity - tightening and reduces symptoms of menopause - mood swings, hot flashes, depression, fatigue, anxiety, brain fog, skin, breast, vaginal dryness, aging.

**PROGESTERONE** helps men and women increase bone density, may help protect against the risk of osteoporosis, prostate, uterine and breast cancer, stabilize mood, positively impact uterine fibroids and their symptoms, improve sleep.

**DHEA** helps balance all other hormones in both sexes. Shown to help improve sense of well-being, reduce body fat, skin tightness, moisture. Helps prevent brown spots, growths, abnormal pigment, maintain normal sex drive, enhance memory, increase bone density, and may help in preventing the risk of disease.

ESSENTIAL SKIN  
&  
BODY HEALTH  
FOR  
MEN & WOMEN

## ESTRIOL, PROGESTERONE, & DHEA SUPPORT

One full pump dispenses about 0.5 g of cream, providing 2 mg of USP Natural Estriol.

One full pump dispenses about 0.5 g of cream, providing 20 mg of USP Natural Progesterone.

One full pump dispenses about 0.5 g of cream providing 5 milligrams of Natural DHEA, this container yields about 80 pumps.

Helps to work very quickly after placement on ANY skin type, consistent over any length of time of usage, due to its superior **penetrating** abilities healthfully, **anywhere on the body.**

- ◆ NON-TOXIC, free of all harmful preservatives, gluten and chemicals, so will not increase inflammation, disease risk, medical challenges and resulting inflammatory skin and body conditions, their symptoms and irritations.
- ◆ Leaves NOTICEABLY (versus others), NO RESIDUAL, NON-greasy, desirable cosmetic feel and smell on ANY skin type, male and female, optimizing use, satisfaction, healthfully provide best results needed to work MOST effectively and desirably.

VISIT JULIATHUNTERMD.COM TO ORDER PRODUCT & INFORMATION ON WHY YOU ARE EXPERIENCING HORMONE CHALLENGES, CONTRIBUTING PROBLEMS & FIND POSSIBLE SOLUTIONS BY ADDRESSING THE SKIN AND BODY AS A WHOLE.

MAXIMAL STRENGTH

skin PHYSIOLOGY

THE SCIENCE BEHIND HEALTHY SKIN

SCIENTIFICALLY CORRECT, NON-TOXIC, STRONGEST POSSIBLE

NON-PRESCRIPTIVE formulation, which utilizes my  
INGREDIENT OPTIMIZER CREAM BASE, which I use to non-toxically and BEST  
treat my patients in my medical practice... Julia T. Hunter M.D.



LOW-DOSE PHYSICIAN FORMULATED FOR MAXIMAL  
PENETRATION AND HEALTHFUL RESULTS

**ESTRIOL Suggested Use:** One pump once a day anytime if needed, to help support natural levels, generally age 45 or older, ideally after bathing before skin products. Generally over age 50 may use twice a day in the AM and PM. Alternate where you place on skin, anywhere on body, as may help promote skin rejuvenation. **Ingredients:** water, extra virgin coconut oil, Olivem 1000 (cetearyl olivate/sorbitan olivate), stearic acid, USP Natural Estriol, glycerin, citric acid, vitamin E acetate, potassium sorbate.

**PROGESTERONE Suggested Use:** Once a day anytime if needed, to help support natural levels - ideally after bathing. Twice a day AM and PM if needed, to help support natural levels generally over age 40 in women. Alternate where you place cream anywhere below the collarbones. **Ingredients:** water, extra virgin coconut oil, Olivem 1000 (cetearyl olivate/sorbitan olivate), stearic acid, USP Natural Progesterone, glycerin, citric acid, vitamin E acetate, potassium sorbate.

**DHEA Suggested Use:** Generally, age 45 or older, one pump every other day once a day anytime if needed to help support natural levels, ideally after bathing before skin products. Over age 50 may use once a day. Alternate where you place on skin, anywhere below collarbones on body, as may help promote skin rejuvenation. If age 50 or older and you note no difference when using and no pimple, then increase to use 1 pump twice a day AM and PM if female and 2-3 pumps AM and PM if male. **Ingredients:** water, extra virgin coconut oil, Olivem 1000 (cetearyl olivate and sorbitan olivate), stearic acid, USP Natural DHEA, glycerin, citric acid, vitamin E acetate, potassium sorbate.

For external use only.  
Note all label warnings.

THE SCIENCE BEHIND HEALTHY SKIN

In conjunction with optimizing the body's youthful functioning and pursuit of maximal internal health, along with skin health and beauty, the need for health-

ful topical pharmaceuticals (vs. those with added ingredients and side effects to avoid) that maximally penetrate with no residual left on the application site, external or internal, accepted by both men and women, may be required.

They help provide powerful, additional ammunition against disease risk. They are utilized when the body requires replacement of low thyroid and/or sex hormones, when the body needs rejuvenation of function stimulation, such as retinoic acid for skin, hair follicle treatment for hair thinning, and skin internal/external symptoms therapeutic treatment.

NON-toxic, unique formulation and ingredients, prescription topical retinoic acid, thyroid cream, bio-identical progesterone, DHEA, Estradiol, Estriol, Testosterone and combinations, anti-fungals, steroids and Minoxidil can be, if needed placed healthily anywhere on the skin or internally for women and men.

**Healthy Prescriptives & Bio-Identical Hormones**  
 ESSENTIAL SKIN & BODY HEALTH FOR MEN & WOMEN

**Why Skin Physiology Ingredient Optimizer Base for Bio-identical Hormones, Topical Pharmaceuticals and Therapies...**

It is the FIRST responsibility of every health professional to attempt to DO NO HARM, to protect, prevent and sustain the health of the skin and every organ of the body, PRIORITIZING utilizing HEALTHY ingredients in every therapy given the opportunity, especially if provides at least equipotent results vs. those with chemical forms we want and NEED to avoid.

For compounding pharmacy, this proprietary base supplies healthy SUPERIOR, BESPOKE results, compliance, acceptance, ease of use, penetration and manufacture.

SKIN PHYSIOLOGY INGREDIENT OPTIMIZER CREAM BASE vehicle is the UNIQUE, HEALTHY, PREFERRED, when compared and utilized by patients and pharmacists, alternative to those on the market today, which often contain or require addition of chemicals that are MEDICALLY best avoided and are proven to be harmful or poorly absorb the medication, thus thwart therapy efficacy, requiring higher dosages, volumes and patient cost, with the resulting customer dissatisfaction.

PROFESSIONALS & PHARMACISTS FOR COMPOUNDING

Consumers - for Superlative Solutions, take to your Pharmacist for Compounding

**HEALTHY PHARMACEUTICALS & BIO-IDENTICAL HORMONES COMPOUNDED WITH INGREDIENT OPTIMIZER BASE CREAM**

**INGREDIENT OPTIMIZER BASE CREAM**

**ASK YOUR PRESCRIBER AND COMPOUNDING PHARMACIST FOR ALL NECESSARY SKIN PHARMACEUTICALS AND BIO-IDENTICAL HORMONES TO BE COMPOUNDED USING SKIN PHYSIOLOGY INGREDIENT OPTIMIZER BASE CREAM FOR THE BEST AND HEALTHIEST SOLUTIONS**

To help prevent, treat, maintain, sustain, optimize, restore and rejuvenate the health and beauty of the skin, mind, mood and every organ of the body, utilizing healthy pharmaceuticals and bio-identical hormones as needed vs. those with ingredients, chemical forms and side effects we want to avoid, to better achieve the needed or desired goal.

Dr. Hunter could not in good conscience prescribe pharmaceuticals containing ingredients with side effects we do not want or in chemical forms, which research indicates has downsides from administering. She formulated a unique, preferred, physiologically/scientifically better, healthful cream, after finding no alternative on the market worldwide, to best penetrate the needed drug to achieve optimized goals.

**INGREDIENT OPTIMIZER BASE SKIN CREAM IS THE BEST SOLUTION**

- NON-TOXIC, free of all harmful preservatives and chemicals and none needed to add the therapeutic agent into the base.
- Provides therapeutic drug levels and symptom relief expeditiously after placement on ANY skin type, due to its superior HEALTHFUL PENETRATING abilities ANY-WHERE on the skin, including vaginally.
- Leaves NOTICEABLE, NO RESIDUAL, NON-greasy, DESIRABLE cosmetic feel on ANY skin type, male and female, OPTIMIZING patient compliance.
- PHYSICIAN formulated with compounding experts, tested and substantiated in years of medical practice worldwide - patients and laboratory testing.

**Ingredients:** water, extra virgin coconut oil, Olivem 1000 (cetearyl olivate/sorbitan olivate), stearic acid, glycerin, citric acid, vitamin E acetate, potassium sorbate.



For more information on bio-identical hormones visit [juliathuntermd.com](http://juliathuntermd.com)

*THE SCIENCE BEHIND HEALTHY SKIN*



**skin fitness plus™**  
...young at any age

**FROM HEALTH COMES BEAUTY!**

Without health, everything you do to promote and preserve beauty works 30-50% at best. EARLY PREVENTION, slowing as much as scientifically possible internal aging and inevitable disease, are the KEY solutions for health and beauty.

Supplements are definitively NOT all equal. SKIN FITNESS PLUS utilizes scientifically substantiated, correct, ESSENTIAL, best absorbed, quality in manufacturing (documented raw materials, ingredient strength, free of contaminants) supplementation, remedies, teeth and gum therapies necessary to prevent and optimize health in today's world.

Most brands do not have therapeutic quantities, correct chemical forms, necessary ratios, cofactors nor quality of ingredients to be effective and supply what is missing and necessary nutrient therapy.

We assure you receive the needed, pure, physiologically correct formulations to work with our scientifically correct skin products, peels, technology, bio-identical hormonal and Telomere support, diet and exercise, to help maximize prevention, quality longevity, slow down and turn back the clock as much as medically possible.

It has been well documented the earlier you begin, the slower the clock ticks!

**INTERNAL BUILDING BLOCKS**

PROVIDE YOUR BODY WITH WHAT IT NEEDS AND WANTS... AND IT WILL REWARD YOU

**SKIN FITNESS PLUS SYNERGISTIC HEALTH SUPPLEMENTS & INTERNAL REMEDIES ARE ESSENTIAL FOR INTERNAL HEALTH, QUALITY LONGEVITY & BEAUTY SUPPORT**



Research substantiated formulations, therapeutic concentrations MUST be taken for positive effects, prevention, healthy alternatives to help support against inflammation, degeneration (brain, body, eye, skin, bone, joint), fungal overgrowth, cholesterol, triglycerides, gut inflammation, digestive issues, sleep deprivation, disease/cancers, chronic pain, immune issues, toxicities - and to avoid negative effects and wasting time, effort and money.

**Supplements include:** Vitamins, Minerals, Anti-oxidants, Anti-Fungals, Detoxifi-cants, Hormones Support, Digestive, Cholesterol, Triglyceride, Cardiovascular Health, Brain/Memory focus, and Telomere enhancing and optimizing.

For a complete line of supplements & remedies please visit [juliathuntermd.com](http://juliathuntermd.com)

SYNERGISTIC SPECIALTY HEALTH  
SUPPLEMENTS & REMEDIES,  
TEETH & GUM THERAPY,  
CELL REHABILITATION TELOMERE THERAPY

**FROM HEALTH COMES BEAUTY**