

SKIN  
therapy

maximal strength  
Chirally Correct  
by Julia T. Hunter M.D.™  
show me...don't tell me skin care  
juliathuntermd.com

MAXIMAL STRENGTH Bio-identical Hormones  
skin PHYSIOLOGY  
Healthy Pharmaceuticals THE SCIENCE BEHIND HEALTHY SKIN

skin fitness plus™  
...from health comes beauty

Skin Products

Synergistic Supplements

Skin Physiology is HEALTHY pharmaceuticals, which I formulated as I needed them in my own medical practice to either treat challenges that nothing else could provide, or to further optimize the construction of health and beauty in my patients. As a physician, I believe it is essential not to use any product or ingredients, as much as scientifically possible, to further inflame, add more toxicity or cause negative side effects that further challenge my patient's well being.

I want everyone to have access to the SKIN PHYSIOLOGY unique, non-toxic hair growth and skin pathology topical pharmaceuticals, Retin A, Bio-identical hormones in 'MIMIC NATURE' DOSING and DELIVERY- ESSENTIAL TO SKIN and WHOLE BODY HEALTH in both MEN and WOMEN. Our QUALITY ingredients penetrate quickly, effectively, with no residual felt on the skin for maximal acceptance and compliance by men, women, teens, children, and every skin. They can be placed anywhere on the body, for HEALTH, BEAUTY, optimal functioning, helping to treat challenges, symptoms and pathologies, anti-aging, slowing down and turning back the biological clock and helping to add quality and longevity to life.

# Why Skin Physiology Bio-identical Hormones and Healthy Pharmaceuticals?

TO HELP MAINTAIN, PROTECT, SUSTAIN, RESTORE AND REJUVENATE THE HEALTH AND BEAUTY OF THE SKIN, MIND AND EVERY ORGAN OF THE BODY, UTILIZING HEALTHY PHARMACEUTICALS WHEN NEEDED AND INDICATED VS. THOSE WITH ADDED INGREDIENTS AND CHEMICAL FORMS WE WANT TO AVOID.

We promote safe, bio-identical, non-toxic hormones in 'mimic nature' dosing that are imperative and must be administered correctly and acceptably. Understanding that whole body health is essential to successfully and maximally treat the skin, the body's largest organ, from the inside and out. Retin A along with our healthy, maximal strength skin products, hormones, in men and women, play a pivotal role in health, anti-aging, preventing disease in every organ of the body. They help in treating PMS and contribute significantly to mental and physical well being, best appearance, healthy weight, support the immune system and overall ability to happily participate in life and help prevent degenerative disease. No matter how excellent the skin treatments and procedures are, they will work 30-50% at best if your hormone glands are not functioning properly and harmoniously.

Bio-identical means the body recognizes these hormones as the same chemical form as if they were inherently produced. All hormones we have uniquely formulated, manufacture and prescribe are bio-identical, safe, in cream form, containing no inflammatory chemicals to age and harm your skin and body, unlike many of the synthetic (altered from being bio-identical) compounds on the market. There are voluminous, long term, worldwide medical studies unquestionably demonstrating that the use of bio-identical hormones results in a valuable insurance policy to help minimize risk and maximize vitality, brainpower, health, beauty and quality longevity

The healthy pharmaceuticals we prescribe are non-toxic, help decrease inflammation, risk of disease, medical challenges and are utilized in the very lowest, therapeutic, "mimic nature" dosages individualized to what your body needs to help rid the symptoms and decrease age-related degeneration. We always first attempt to optimize your body's health and innate production, immune and youthful functioning with Skin Physiology products.

We are effectively targeting whole body optimal functioning and health, aiming to rid disease, as much as scientifically possible, rather than just treating symptoms in perpetuity. By continually assessing and addressing how all the body's glands, organs and systems are performing, not just the skin, we strive to achieve beautiful, youthful skin and body for a healthy, energetic and happy, long and quality life.



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## Why Wholistic Dermatology...

The body must be looked at and addressed as a whole, inside and out, utilizing best tools for the jobs to optimize anti-aging, health, beauty and disease prevention. This is the state of the art, gold standard science behind optimal healthy skin and body!

Our mission is preventing disease - rather than just detecting and diagnosing it (after the fact), slowing down the aging process as much as scientifically possible - rather than just submitting to it and treating symptoms retrospectively, and addressing the whole body rather than just the organ that is producing current challenges...as these are the MOST effective solutions for maximizing optimal health care.

From HEALTH comes beauty and my side effect of creating beauty is health. The skin is the window of what is going on internally, therefore without health, in my medical experience, EVERYTHING you do to promote and preserve beauty and skin problem solutions works 30-50% at best with lessened longevity of results.

Our PROGRESSIVE METHODOLOGY provides a detailed roadmap so you can witness, step by step, THE MOST visible results of restoring and replenishing the body's resources to optimize health, happiness, well being and quality longevity.



# BIO-IDENTICAL HORMONES AND HEALTHY PRESCRIPTIVES - ESSENTIAL TO SKIN HEALTH AND BEAUTY FOR MEN AND WOMEN

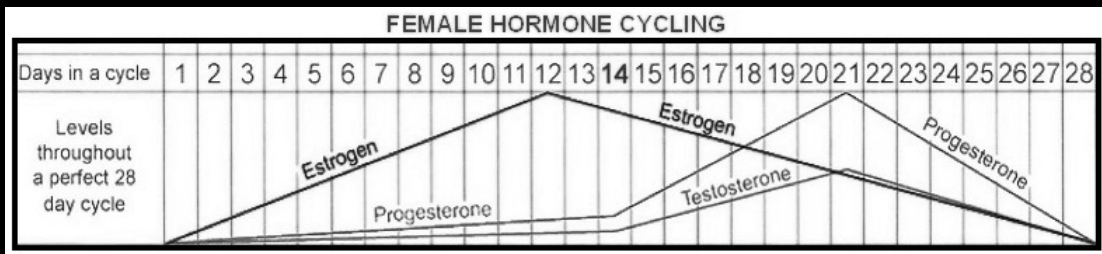


**HEALTHY, NON-TOXIC PHARMACEUTICALS** - in conjunction with optimizing the body's youthful functioning and return to maximal health, on occasion, generally at the beginning of my paradigm of constructing health and beauty in patients, the need for healthful pharmaceuticals (i.e. anti-fungals and if absolutely necessary non-toxic steroids) to help provide powerful, additional ammunition against acute, disruptive disease and inflammation symptoms and when the body is overwhelmed by less than optimal conditions often from low thyroid, hormones and secondary immune dysfunction.

**RETINOIC ACID** - deeply, non-toxically and effectively penetrates into the dermal layers with MINIMAL IRRITATION to further effectively and energetically help reduce the signs of skin aging and pathology, while it lifts, tightens, and thickens the thinning of the skin caused by aging. It is a push peel due to its enhanced resultant production of dermal skin components.

**HAIR GROWTH** - NON-TOXIC documented results to safely stimulate aging and retiring hair follicles in men and women for more robust and youthful re-growth.

## Why Skin Physiology Bio-identical Hormones and Healthy Pharmaceuticals?



**THYROID** is the master gland, which governs healthy and youthful functioning of every cell, organ and gland of your body. As much as scientifically possible, supporting brainpower, anti-aging, skin component production with the resultant - lifting, tightening and rejuvenation, helping create a robust immune system, helping to minimize disease risk and the degenerative effects of aging. It promotes energy, endurance and assists in weight challenges, normalizing thyroid function via bio-identical replacement when indicated is primary and KEY.

**DHEA** is an essential hormone produced in the adrenal glands that helps balance other hormones such as testosterone and estrogens and is important in combating the effects of stress, maintaining healthy immune system functioning, burning of fat, production of protein and essential for building muscle. The level of DHEA in our bodies decreases as we age and contributes to progressive deterioration. By increasing our DHEA levels, it has been shown to help improve one's sense of well being, reduce body fat, improve skin tightness and moisture, increase sex drive, improve immunity, enhance memory, increase bone density and help prevent risk of disease.

**PROGESTERONE** helps increase bone density, protect against osteoporosis, prostate, uterine and breast cancer risk, stabilize mood and improve sleep.

**ESTRADIOL/ESTRIOL** (especially Estriol) has been shown to assist in helping to protect women from the risk of cardiovascular disease, breast cancer, osteoporosis, Alzheimer's disease, urinary incontinence and vaginal atrophy/dryness. It energetically promotes skin elasticity and helps reduce symptoms of menopause—mood swings, hot flashes, depression, fatigue, anxiety, brain fog.

**TESTOSTERONE** in men and women overall declines steadily with age. It is a necessary factor for muscle growth and fat loss, promotes cardiovascular and prostate health, helps fight osteoporosis, improve mood and sense of well-being and restore healthy libido and sexual performance.

**PREGNENOLONE** is the "mother" hormone - the genesis hormone for most all hormones in men and women. It helps to keep your brain sharp, increase energy and aids in the reduction of the dosages of all hormones and supports stress reduction. It must be administered in pill form.

**SERMORELIN/MEDITROPIN** help rejuvenate your anterior pituitary gland and increase your own natural production of growth hormone, testosterone and others. SERMORELIN and MEDITROPIN's growth hormone elements help provide increased benefits that include improvement of physical performance, endurance, appearance, sleep quality, collagen production, immune and brain function and reduce weight struggles. Sermorelin is in injectable form and Meditropin is oral at bedtime.

