

## **Progesterone Support**

## **NEW SCIENTIFICALLY-CORRECT BREAKTHROUGH FORMULA!**



LOW DOSE, BIO-IDENTICAL, NON-TOXIC,
GLUTEN FREE CREAM

Physician Formulated for Maximal Penetration and Healthful Results

After researching and working to create, test and substantiate this SCIENTIFICALLY CORRECT, NON-TOXIC, STRONGEST POSSIBLE NON-prescriptive formulation, which utilizes my INGREDIENT OPTIMIZER CREAM BASE that I use to NON-TOXICALLY and BEST treat my patients in my medical practice, I believe everyone should have access to this UNIQUE, healthy alternative to those on the market today, which often contain or require addition of chemicals that are MEDICALLY best avoided, are proven to be harmful, poorly absorb the active ingredient or decreasingly absorb over time, thwarting therapy, or noncompliance due to undesirable smell or greasy feel on the skin.

Progesterone has been shown to help men and women increase bone density, may help protect against the risk of osteoporosis, prostate, uterine and breast cancer, stabilize mood, positively impact uterine fibroids and their symptoms, improve sleep. For women - it may help decrease monthly and menopausal hormone challenges, such as heavy bleeding, breast tenderness and enlargement, cramping, hormonal imbalance emotion and night sweats.

## One full pump dispenses about 0.5 g of cream, providing 20 mg of USP Natural Progesterone.

- ♦ Helps to work very quickly after placement on ANY skin type, anywhere on the body, over any length of time of usage, due to its superior PENETRATING abilities and HEALTHFULLY ANYWHERE on the skin, ideally below the collarbones.
- NON-TOXIC, free of all harmful preservatives, gluten and chemicals, so will NOT increase- inflammation, disease risk, medical challenges and resulting inflammatory skin and body conditions, their symptoms and irritations.
- Leaves NOTICEABLY (versus others), NO RESIDUAL, NON-greasy, DESIRABLE cosmetic feel and smell on ANY skin type, male and female, anywhere on the body, OPTIMIZING use and SATISFACTION, to HEALTHFULLY provide BEST results needed to work MOST effectively and desirably, at its lower amount and application rate.

**Suggested Use:** Once a day anytime if needed to help support natural levels - ideally after bathing. Twice a day AM and PM if needed to help support natural levels generally over age 40 in women. Alternate where you place cream anywhere below the collarbones. For external use only.

Additional suggestions: I recommend that men find it helpful after age 45 or older to use ½ pump every other day and often after 1-3 months, daily, or even 1 pump for male progesterone challenges, which may include irritability and prostate issues such as frequent or nighttime urination and slow to start urination.

I find that young girls with their menstrual challenges such as heavy bleeding, cramping, hormone imbalance emotion, significant breast tenderness and swelling find it helpful to use ½ pump beginning day 18 of their monthly period with day 1 being the day their period begins, and continuing until their period begins again. If they need more assistance after 1-2 months, may use 1 pump the same days or ½ then 1 pump if needed beginning Day 15 of their monthly period

<u>Please follow directions as Progesterone can if not used correctly</u>: temporarily make menstrual flow very light, cause sleepiness. In menopausal women temporarily result in mid-abdominal weight gain, which resolves with less usage or over 2-3 months, and in young girls overuse may create temporary problem blemishes, which can be avoided by beginning with ½ pump.

I recommend that you consult your Health Care Practitioner always before using this and all health products, as you may need hormone testing due to symptom challenges, to investigate WHY you are experiencing these symptoms, to try to identify, treat and address the cause NOT just treat symptoms forever.

Please visit www.juliathuntermd.com to order product and more information on WHY you may be experiencing these challenges, contributing problems, and find possible solutions by addressing the skin and body as a whole.

