Heart’s Song Milieu
(liposome spray)
Concentrated Homeopathic Tincture
60 mL

Physica Energetics

Indications:
- Menstrual/ Menopause Symptoms
- Emotional Imbalances Support
- Fatigue/ Unhappiness/ psychological traumas past and present

Drainage and Tonification is essential:
1) BioToxicosis remedies such Lymph 1, 2, and 3 may assist in the clarification of the systemic drainage pathways.
2) Spagyric botanicals may help decongest, drain and detoxify at the physical level.
3) Clarifying the extracellular space is central to cellular resolution.

Homeopathic drainage at the points of interference is considered to be a functional process, traditionally accomplished using low potentized remedies. Today, the increasing xenobiotic onslaught of our world requires a more extended approach.

The Milieu Series was thoughtfully crafted to synergize with homeopathic drainage for a more global understanding and approach to symptom challenges. The addition of complementary tonification (“tuning up”) factors may help assist in preparing the body for a potential deep, safe detoxification.

Each Milieu remedy helps to provide gentle drainage and tonification, without causing the immediate release of cellular toxins, which can create additional complications for BioToxicosis and Homotoxical processes meaning additional burden on the overburdened lymphatic system in today’s world and this personifies instead of ameliorates internal challenges.

A blend of low potentized, ascending homeopathic glands and hormones combine elegantly with Spagyric botanicals, polychrests, cell salts and flower essences (these added for the emotional terrain and improvement) to approach the body as a whole and ensure a well measured and proportionate, progressive resolution response.

TCM practitioners find that drainage remedies nourish the blood, chi, yin and yang. Similar results are reported in healing arts’ approaches around the world.

The Heart’s Song Milieu remedy has been meticulously designed and formulated to:
1) help complement the well established foundations prepared in the true spirit of European tonics
2) help support and advance the depth of tonic action of this product through current-need, low potentized botanicals (drainage) and classical homeopathics at specific potencies to help meet today’s challenges, physically and emotionally.

This remedy has been successfully formulated in a customized nanosphere liposome. Accordingly, this current remedy, homeopathically helps promote hor- monal balance, calms the nerves, help strengthen the cardiovascular system, inner peace and happiness, letting go of moving forward from past traumas in MEN and in Women.

Directions:
4-6 sprays, 1-2x daily sprayed directly into the mouth. Swish in mouth for 1 minute then swallow.

Please consult with your Physician at all times before taking any supplementation.

Ingredients:
- Agnus Castus 3X
- Acidum Phosphoricum 9C
- Alchemilla vulgaris 1X
- Ambra grisea 3X
- Asperula Odorata 1X
- Caulophyllum Thalictroides 4X
- Chamomilla 1X
- Cimicifuga 3X, 6C
- Cinchona 2X
- Coccus Indicus 200C
- Convalaria Majalis 3X
- Corpus callosum 7CH
- Crataegous Oxy 3X
- Crocus Sativus 3X
- Cyclamen 3X
- Damiana 1X
- Helonias Dioica 1X, 3X, 12X
- Hydrastis 3X
- Ignatia 3X
- Korean Ginseng 2X
- Lilium Tigr 4X
- Magnesia Phosphorica 3X, 12X, 6C
- Menthae Pip 1X
- Naja Trip 8X
- Onosmodium Virginianum 30C
- Pulsatilla 4X
- Rosmarinus Officinalus 1X
- Seneio Aureus 2X
- Sepia 3X, 6C
- Staphisagria 4X
- Thuja Occidentalis 6X, 8C
- Valeriana 1X
- Viola Odorata 1X
- Rescue 30C: Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose, Clematis

Disclaimer: The commentary is not meant to diagnose, treat or replace conventional treatment, and has not been approved or reviewed by the FDA, Health Canada, BMS, European Union Health Commission, South and Central American regulation agencies, etc.
Heart’s Song Milieu

**Information:**

- **Agnus Castus (Chaste tree) 3X** - Helps in the management of PMS (physical and psychosomatic) and cyclical breast pain.
- **Acidum Phosphoricum (Phosphoric acid) 9C** - May help listless, impaired memory and apathetic indifference to most things.
- **Alchemilla vulgaris** (*Lady’s mantle*) **1X** - Support for atomic conditions such as uterine or bladder atony or prolapse, vaginal laxity and passive hemorrhage and menopause.
- **Ambra grisea (Ambergris) 3X** - Used to help normalize discharge of blood between periods.
- **Asperula Odorata (Sweet woodruff) 1X** - Possesses tonic properties to support health in women and also has anti-inflammatory and diuretic properties.
- **Caulophyllum Thalictroides (Blue cohosh) 4X** - Helps in the treatment of uterus complaints as well as absence of uterine muscle tone.
- **Chamomilla (Chamomile) 1X** - Used for relaxation, pain, stress or anxiety, especially for differing irritability.
- **Cimicifuga (Black cohosh) 3X, 6C** - May support hormonal function of women with a tendency to mental excitability.
- **Cinchona (Quina) 2X** - Used to help normalize discharge of blood between periods.
- **Cocculus Indicus (Fish berry/Indian berry) 200C** - Helps in states of exhaustion.
- **Convallaria Majalis (Lilly of the valley) 3X** - Diuretic properties, may help reducing blood volume and lowering blood pressure.
- **Cratageous Oxy (Hawthorn) 3X** - Relaxing nervous tension brought on by stress of job, family worries and any other stressful conditions. Sleeping aid.
- **Crocus Sativus (Saffron) 3X** - Carminative, diaphoretic, emmenagogue.
- **Hydrastis (Goldenseal) 3X** - Fatigued and worn out, and an emmenagogue.
- **Ignatia (St. Ignatius Bean) 3X** - May be effective to decrease vegetative excitability and to help counter the tendency for spasms.
- **Korean Ginseng (Panax ginseng) 2X** - Especially useful in debilitated persons suffering from exhaustion, fatigue & stress.
- **Magnesia Phosphorica 3X, 12X, 6C** - Helps ease muscular cramping. Helps in the treatment of pain, especially cramping, shooting, darting or spasmodic pain, nerve pains, like sciatica.
- **Menthae Pip (Peppermint) 1X** - Possesses the physiological properties and therapeutic virtues of menthol (without the negating homeopathic factors) helps in the treatment of alleviating tension-type headaches & excellent carminative effects.
- **Naja Trip (Dill) 8X** - Helps mobilize stagnant and repressed emotions, that tend to manifest in depressed and sad moods. Helps calm the autonomic nervous system.
- **Onosmodium Virginianum (Gravel weed) 30C** - Helps in the treatment for lost sexual desire, muscular prostration and muscular weakness.

**Pulsatilla (Windflower/Pasque flower) 4X** - Helps to balance out tendencies to spaciness. Typically (but not limited to) a female remedy.

**Rosmarinus Officinalis (Rosemary) 1X** - Helps with memory deficiency.

**Senecio Aureus (Life root) 2X** - Helps in the treatment of suppressed or obstructed menstrual flow often with urinary symptoms.

**Sepia (Cuttlefish) 3X, 6C** - Helps with PMS symptoms including cramping and irritability. Also supports hormonal imbalances, hot flashes from menopause, thru, sudden weeping, bottled up anger.

**Staphisagria (Larkspur) 4X** - Indicated in patients who appear pale, and are worn out and exhausted, especially in regards to the nervous system.

**Thuja Occidentalis (White cedar) 6X, 8C** - Related to the support of the person-alty/constitution. of the sycotic miasm.

**Turnera aphrodisiaca (Damiana) 1X** - May help to increase libido, calm the nerves.

**Viola Odorata (Sweet violet) 1X** - Helps to treat lamenting, sadness, tearful moods.

**Rescue 30C:** Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose, Clematis

**Additional Ingredients:** Reverse osmosis water 68% Ethanol 12% Kosher glycerine from palm/or coconut oil 20%